| VITALS: Weight: | Height: | HR: | RR: | BP: | SpO2: |
|-----------------|---------|-----|-----|-----|-------|
| Temp: | 0 | | | | • |



New Patient Visit

| Patien | t name: | | | | | | | | | |
|---------|--|-------------------|----------|--------------------|-----------------------|-----------------------------|--|--|--|--|
| Today | 's date: | | Age: _ | Referr | ing Provider: | | | | | |
| Major | reason for visi | ting this office: | | | | | | | | |
| Do yo | u have any of | the following | g proble | ms? (Please circ | cle the ones that a | pply): | | | | |
| High b | lood pressure | High cholest | erol He | art murmur Fast | or irregular heart be | eat | | | | |
| Leg cr | amps with wal | king Passing | out spel | ls Diabetes Lig | htheadedness or di | zziness Chest pain | | | | |
| Swellir | ng in feet or le | gs | | | | | | | | |
| Have | you had any o | of the followin | ng proce | edures? (Please | circle the ones tha | at apply and indicate about | | | | |
| when | they were do | ne): | | | | | | | | |
| Stress | test Echo | Heart Cath | Stent | t or angioplasty | Bypass surgery | Valve surgery | | | | |
| Other | heart surgery | Pacemaker | or defib | rillator implant E | Electrical rhythm stu | ıdy | | | | |
| PAST | MEDICAL/SU | RGICAL HIST | ORY | | | | | | | |
| 1. | Did you have rheumatic fever as a child? | | | | | | | | | |
| 2. | What heart p | roblems have | you bee | n told that you ha | ve? | | | | | |
| | | | | | | | | | | |
| | | | | | | | | | | |
| | What other health problems have you been told that you have? | | | | | | | | | |
| | | | | | | | | | | |
| | | | | | | | | | | |
| 3. | What surgerie | es or operatior | ns have | you had? | | | | | | |
| | | | | | | | | | | |
| 4 | FAMILY HIS | | | | | | | | | |
| 4. | | in your family | had. | | | | | | | |
| | • | | | Polotionship to | | | | | | |
| | Heart atta | ick res | No | Relationship to | you. | | | | | |
| | Stroke | Yes | No | Relationship to | you: | | | | | |
| | Hyperten | sion Yes | No | Relationship to | Relationship to you: | | | | | |
| | • Hole in he | eart Yes | No | Relationship to | you: | | | | | |
| | How man | y children do y | /ou have | e? Do any of | them have health p | roblems? | | | | |

5. SOCIAL HISTORY

- Do you smoke? How many packs/day? How many years have you/did you smoke?
- Do you drink alcohol? How many drinks/beers a day?
- Do you drink any caffeine-containing beverages?
- Do you exercise? What kind of exercise? How many times/week?
- What do you do/did you do for a living?
- 7. ALLERGIES/DRUG SENSITIVITIES/SIDE EFFECTS Do you have any allergies or any side effects with any medicines that we should know about?

Symptom Review

Please circle any symptoms that you have been having...

GENERAL: fever, chills, night sweats, unexpected changes in weight

unusual fatigue, insomnia, chronic pain, feeling poorly

HEENT: double vision, blurred vision, eye pain or redness, blind spots, ringing in the ears, dizziness (feeling as if things are spinning or moving up and down), nasal congestion, bloody nose, gum bleeding, mouth ulcers or growths, sore throat, hoarseness, neck stiffness, neck pain or tenderness RESP: cough, coughing up blood, shortness of breath, chest pain which occurs with breathing or coughing, wheezing, snoring at night, daytime sleepiness, need for oxygen

CARDIOVASCULAR: exertional chest pain or pressure, other symptoms with exertion that are relieved with rest or nitroglycerin, racing heart, irregular heart beat, palpitations, inability to breath when lying flat,

awakening at night needing to sit up, awakening at night coughing or wheezing, swelling

GI: belly pain, nausea, vomiting, appetite changes, diarrhea, constipation, heartburn, blood in stool, difficulty swallowing, frequent belching, frequent passing gas, indigestion

GU: discomfort when urinating, bloody urine, having to get up from sleep to urinate, having to urinate more frequently during the daytime, difficulty starting urination, genital sores or discharge

MUSCULOSKELETAL: joint stiffness or swelling, joint pain or redness, muscle pain, back pain, limited joint range of motion

SKIN: skin rashes, itching skin, lumps, pigmentation changes, changes in skin dryness, changes in skin dampness

NEURO: fainting, near fainting, blackouts, seizures, weakness, numbness, tingling, altered sensation, tremor, speech difficulties, changes in thinking ability, abnormal vision, hearing loss, difficulty walking, headache, memory problems, balance problems

PSYCH: depression, anxiety, panic attacks, memory disturbances, personality changes, hallucinations, anger, thoughts of harming oneself, use of recreational drugs.

EXTS: pain or cramps in legs when walking, varicose veins, changes in color of legs when elevated or lowered HEM/IMMUNE: increased paleness of nailbeds, easy bruising or bleeding, enlarged lymph nodes, frequent infections

ENDO: increased thirst, increased hunger, heat or cold intolerance, tremors, loss of bone mass, recent changes in shoe or glove size

Are there any other things we should know about?